Separate Programs For

- Parents with children 0-12 yrs
- Parents with children 2-10 yrs with special needs
- Parents with teens 11-16 yrs
- Separated or divorced parents

Community Programs Available

Seminars - A series of three informative sessions for parents interested in promoting their child's development.

Discussion Groups- A series of two short, small group session. You can choose to do one or two of the topics.

Group Courses - A comprehensive 8 to 11 week program for parents looking for effective parenting strategies.

Family Transitions - A comprehensive program to help separated or divorced parents manage this difficult life change. This program is generally preceded by a Triple P Group Course .

Winter 2020
PROGRAM REGISTRATION

To Register, and for more information call us or visit our website

519-257-5215 ext. 74033

www.triplepwindsor-essex.ca

The Windsor-Essex Triple P Community Partnership is comprised of the following organizations:

- Bridging Family Conflict
- Children First
- City of Windsor - EarlyON Child & Family Centres
- Collège Boréal
- Family Respite Services
- Family Services Windsor
- Hôtel-Dieu Grace Healthcare - Regional Children's Centre
- John McGivney Children's Centre
- Maryvale Adolescent & Family Services
- Multicultural Council of Windsor & Essex County
- New Canadians' Centre of Excellence
- Place Concorde
- South-Essex Community Council
- The Inn of Windsor
- Unemployed Help Centre
- The Windsor-Essex Children's Aid Society
- Windsor-Essex Catholic District School Board
- Windsor Essex Community Health Centre
- Windsor-Essex County Health Unit
- Windsor Women Working With Immigrant Women
- YMCA

Triple P Positive Parenting Program®

for every parent

Be the best parent you can be with Triple P

The three P's in "Triple P" Stand for Positive Parenting Program

For More Information Regarding Our **Free** Parenting Classes Contact

519-257-5215 ext. 74033

www.triplepwindsor-essex.ca

3901 Connaught Avenue
Windsor, Ontario N9C 4H4

Winter 2020

Be the best parent you can be with Triple P -"Positive Parenting Program"

Triple P is a parenting program for all parents. Whatever your need, no matter how simple or complex, Triple P has the information to help you. We provide Free parenting classes.

PARENTS OF CHILDREN 0-12 YEARS

SEMINAR SERIES

Pre-register for 1, 2 or all 3 programs

1. The Power of Positive Parenting
2. Raising Confident & Competent Children
3. Raising Resilient Children

Dougall Public School - 811 Dougall Ave, Windsor
6-8pm Thurs, Jan 9, 16 & 23
East Mersea Public School - 547 Mersea Rd 21, Wheatley
6-8pm Tue, Jan 21, Feb 4 & 18
West Gate Public School - 1275 Campbell Ave, Windsor
6-8pm Wed, Mar 18, 25 & Apr 1

DISCUSSION GROUPS

Pre-register for 1 or 2 programs

1. Dealing with Disobedience
2. Managing Fighting and Aggression

Dr. David Suzuki Public School - 6320 Raymond Ave, Windsor
6-8pm Thurs, Jan 30 & Feb 6
Drouillard Place - 1102 Drouillard Rd, Windsor
6-8pm Wed, March 18 & 25

PARENTS OF CHILDREN 2-10 YEARS WITH SPECIAL NEEDS

DISCUSSIONS

Pre-register for 1, 2, 3 or 4 programs

1. Tips for Toilet Training - 10am-12pm
2. Managing Disruptive Behavior - 6-8pm
3. Being part of the Community - 10am-12pm
4. Managing Fears and Anxiety - 6-8pm

Family Respite Services - 3295 Quality Way, Windsor
Wed, Feb 5, 19, Mar 4 & 25

PARENTS OF TEENS 12-16 YEARS

SEMINAR SERIES

Pre-register for 1, 2 or all 3 programs

1. Raising Responsible Teenagers
2. Raising Competent Teenagers
3. Getting Teenagers Connected

YMCA of Southwestern Ontario - 500 Victoria Ave, Windsor
3-5pm, Tues, Feb 4, 11 & 24

DISCUSSION GROUP

Pre-register for 1 or 2 programs

1. Coping with Teenagers' Emotions
2. Getting Teenagers to Cooperate

Hon. W.C. Kennedy Collegiate Institute - 245 Tecumseh Rd E, Windsor
6-8pm Mon, Mar 2 & 9

Harrow Health Centre - 1480 Erie Rd S, Harrow
5:30-7:30pm Thurs, March 26 & April 2

SEPARATED OR DIVORCED PARENTS

FAMILY TRANSITIONS

5-week program for separated or divorced parents

Effective ways to communicate
Coping and relaxation skills
Strategies for resolving conflict
Regional Children's Centre - 3901 Connaught St, Windsor
5:45-7:45pm Wed, Jan 22 - Feb 12

For more information, visit our website
www.triplepwindsor-essex.ca or call 519-257-5215 ext. 74033